



Bedlington Children's Centre

What's On
April - July 2017

HOW
**ACTION FOR
CHILDREN**
WORKS

MONDAY

Stop Smoking Clinic

9.15am - 12.15pm

Free advice & support
To make an appointment
call 01670 813135

Learning Together Through Play

10.00am - 11.30am

Term time only

Parent and toddler group for
children 0-5 years old
Call in anytime, no need to book
£1.00 per family

Midwife Booking Clinic

1.00pm - 4.00pm

Must book an appointment

HENRY

12.00pm - 2.30pm

Begins 15 May for 8 weeks

Term time only

Health exercise and nutrition
for the really young
Free crèche available
See back for details

TUESDAY

First Aid Workshop with Royal Lifesaving Society

12.30pm - 2.30pm

13 June

Come along and learn what to
do in an emergency, covering
babies and children's First Aid
with a qualified trainer
Free session. Call to book
No crèche available.

Registrar Drop-in

2.00pm - 3.30pm

**Please contact the Centre
before attending and for full
details, including costs**

Please be advised
when booking onto
courses, priority is
given to families living
in the area with
children aged
0 - 5 years

WEDNESDAY

Midwife Booking Clinic

9.15am - 1.00pm

Must book an appointment

Story, Craft & Rhyme

at Cambois Primary School
and Stakeford Primary School
9.00am - 10.00am

(see reverse for dates & times)

Cooking on a Budget

12.30pm - 2.30pm

Begins 10 May for 4 weeks

Term time only

Learn how to cook healthy
recipes on a budget
Call to book
Free crèche available

English

1.00pm - 2.30pm

Term time only

Work towards a nationally
recognised qualification
Level 1 or Level 2
Free crèche places available

THURSDAY

Parent Craft

10.00am - 12.00pm

Starts 4 May for 4 Weeks
Ante-natal advice & information
(See reverse for details)

Maths

9.30am - 11.30am

Term time only

Work towards a nationally
recognised qualification
Level 1 or Level 2
Free crèche places available

Breastfeeding Support

1.00pm - 2.30pm

Come along and join us for
information, advice & support

Coming Soon

IT Course
&
Employability Support

FRIDAY

Baby Play

10.00am - 11.30am

Term time only

Sensory area available to use
during session.
For children under 1 years
£1.00 per family

Sensory Room

Our sensory room is now
open and can be booked
for families to use.

The sensory room is
available to use most
mornings, please contact
01670 822714
to book an induction.

C-Card Scheme

Available for young people
up to 24 years old.
Call **01670 822714** for
more details.

For more details about any of the courses listed above or to book a place,
please call 01670 822714 or visit our website - www.centralnorthumberlandchildrenscentres.org

 Find us on
Facebook

FREE CHILDCARE FOR TWO YEAR OLDS

Did you know any parent in Northumberland with a child already 2 years old and who have a household income of less than £16,190 or their child has a disability could be entitled to **15 hours of FREE** fun and learning for their child.

To find out if you are entitled and where you can use the funding, call Northumberland County Council on **01670 623592** or **0800 023 4440** or visit www.northumberland.gov.uk/freechildcare

Playgroup



Leave your child with our fully qualified Playgroup staff and help get them ready for school.

Sessions are for children aged from 2 - 3 years.

£12.00 per session or **FREE** depending on income and benefits criteria.

For more information contact Bedlington Children's Centre on 01670 822714

Bedlington Station Primary School
Bedlington Children's Centre

Monday - Friday
Monday - Friday

8.45am - 11.45am
12.45pm - 3.45pm

Parent Craft

A great opportunity for parents-to-be and their supporters to get useful information and ideas to help you prepare for childbirth and caring for your new baby.

Full details of dates available from reception or you can ring **01670 822714**

HENRY

Everyone wants the best for their children, but it can be hard to know what to do as a parent in the early years. The HENRY programme is free to join and helps you give your child the best possible start in life

Baby Play

Calling all parents/carers with children.

Come along to our Baby Play Group every Thursday morning. Meet new people, sing songs, sensory play,

lots of fun activities and music.

No need to book, just come along

Registrar Drop-in

Register the birth of your child and receive a free gift. Please phone to check times.

Certificates £4 payable by cash, cheque & postal order. Babies born outside Northumberland payable by cheque & postal order only.

Learning Together Through Play

Session includes lots of age appropriate toys and games for children to play with, crafts, outdoor play area, healthy snack time and singing
Suitable for children birth to pre school age
No need to book

Story, Craft & Rhyme

For children 0-5 years

Listen to exciting stories & take part in craft activities

Come along & join in the fun!

For all families with children aged 0-5.

Parents/carers of children attending nursery/reception are encouraged to stay for the sessions.

Stakeford School, East Ford Road, NE62 5TZ

9.00am - 10.00am

Wednesday 10 May 2017

Wednesday 14 June 2017

Wednesday 12 July 2017

Cambois Primary School, NE24 1SF

9.00am - 10.00am

Wednesday 3 May 2017

Wednesday 7 June 2017

Wednesday 5 July 2017

Want To Stop Smoking?

If so did you know you are more likely to quit with help and support?

Want to know more about e-Cigarettes or Vaping? We welcome anyone who is already using them or just needs further advice.

Northumberland Stop Smoking Service
01670 813135

Child Health Clinics

Tuesday 9.30am - 11.30am at Guidepost Clinic

Wednesday 1.30pm - 3.00pm at The Gables Clinic

Thursday 9.00am - 11.00am at Bedlingtonshire Clinic

Bedlington Children's Centre

Stead Lane

Bedlington

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